



## Yates Martial Arts and Fitness Privacy Policy



### **Our contact details**

Name: Yates Martial Arts and Fitness

Phone Number: 07720263984

Email: [yatesmartialarts@gmail.com](mailto:yatesmartialarts@gmail.com)

[yatesfitnesspt@gmail.com](mailto:yatesfitnesspt@gmail.com)

### **The type of personal information we collect**

We currently collect and process the following information:

- Personal identifiers, contacts (for example, name and contact details)
- Messages and inquiries

### **How we get the personal information and why we have it**

The personal information we process is provided to us directly by you, through submitting a form, for one of the following reasons:

- To facilitate contact with you.
- To respond to your inquiries and messages.

We use the information that you have given us in order to personalise our interactions with you and be able to contact you effectively.

We use a third-party service to enhance the functionality of our website. We use the service formsubmit, which emails us our form submissions. When you use our form to submit information through our website (providing consent through checkbox), you are agreeing to the data processing practices of formsubmit.co, as well as those outlined in this privacy policy. For more information about the data collection and processing practices of formsubmit.co, we encourage you to review their [Privacy Policy](#).

Under the UK General Data Protection Regulation (UK GDPR), the lawful basis we rely on for processing this information is:

**(a) Your consent. You are able to remove your consent at any time. You can do this by contacting us at [yatesmartialarts@gmail.com](mailto:yatesmartialarts@gmail.com), [yatesfitnesspt@gmail.com](mailto:yatesfitnesspt@gmail.com) or 07720263984.**

## **How we store your personal information**

Your information is securely stored.

We keep contact details, medical, fitness and nutritional information for no more than 3 months after leaving the club. We will then dispose of your information by removing your details from our files.

## **Your data protection rights**

Under data protection law, you have rights including:

**Your right of access** - You have the right to ask us for copies of your personal information.

**Your right to rectification** - You have the right to ask us to rectify personal information you think is inaccurate. You also have the right to ask us to complete information you think is incomplete.

**Your right to erasure** - You have the right to ask us to erase your personal information in certain circumstances.

**Your right to restriction of processing** - You have the right to ask us to restrict the processing of your personal information in certain circumstances.

**Your right to object to processing** - You have the right to object to the processing of your personal information in certain circumstances.

**Your right to data portability** - You have the right to ask that we transfer the personal information you gave us to another organisation, or to you, in certain circumstances.

You are not required to pay any charge for exercising your rights. If you make a request, we have one month to respond to you.

Please contact us at [yatesmartialarts@gmail.com](mailto:yatesmartialarts@gmail.com) or [yatesfitnesspt@gmail.com](mailto:yatesfitnesspt@gmail.com) if you wish to make a request.

## **How to complain**

If you have any concerns about our use of your personal information, you can make a complaint to us at [yatesmartialarts@gmail.com](mailto:yatesmartialarts@gmail.com) or [yatesfitnesspt@gmail.com](mailto:yatesfitnesspt@gmail.com)

You can also complain to the ICO if you are unhappy with how we have used your data.

The ICO's address:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Helpline number: 0303 123 1113

ICO website: <https://www.ico.org.uk>

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